

Client name..... Date.....

Photo-typeRisk factor for pigmentation High or /Low.....Melanin Ave.....

Erythema Reference number.....Highest Erythema number & location.....Erythema Ave

Lowest reading & location of Hydration...../.....Hydration Average

Lowest reading & location of Lipid...../.....Highest reading & location of Lipid...../.....

Hydration	Lipid	Photo-type (1st press only)	Risk Factor	Average Melanin	Erythema
Z1. Forehead —	Z1. Forehead —	Z1. Wrist —	Z1. Drivers Forearm	Z1. Forehead —	Ref: behind ear —
Z2. Cheek —	Z2. Cheek —	Z2. Unexposed —	—	Z2. Cheek —	Z1. Forehead —
Z3. Chin —	—	—	Or the highest reading that has been taken	Z3. Chin —	Z2. Cheek —
Z4. Cheek —	Div by 2	Z3. Chin —	—	Z4. Cheek —	Z3. Chin —
Div by 4	Ave is = —	—	—	Div by 4 ave is = —	Z4. Cheek —
Ave is = —	—	Div by 3	Relate to Photo Scale	—	Div by 4 Ave is = —

Hydration	99	99	Lipids	Photo type 5/6	55 to 99	Risk Factors for Pigmentation	Melanin Density	55 to 99	99	Erythema
Over Hydrated	98	98	Oily	↑	54	Extremely High Because of genetic photo -type with keloid scarring risk	↑	54	94	↑
Or	96	96			52			52	92	
Fast TEWL	94	94			50			50	90	
Caused by	92	92			48			45	88	
EFAD	90	90			45			42	85	
or	88	88			42			40	82	High erythema & vascularity is an indication fascia septa deterioration & angiogenesis
Menopause	86	86			40			35	80	
Or	84	84			37			34	75	
Cellular inflammation	82	82			36			33	74	
or	78	78	Young Active		35			32	73	
Over active Innate Immune system	76	76			34			32	72	
	74	74			33		Pigment with high readings indicates dense melanin	30	71	
	72	72		Type 4	32	Very Very High because of genetic photo type and may have red gene		29	64	
	70	70		↑	31			28	63	
	68	68			30			27	62	
	66	66			29			26	61	
	64	64			28		Higher Melanin Density	25	59	
	62	62			27			24	58	Diffused redness can be intrinsic and also be an indication of a poor quality acid mantle or accelerated lipid
Balanced	60	60			26			23	57	
	58	58			25			22	56	
	56	56			24			21	55	
	52	52	Balanced		23			20	54	
	50	50		Type 3	22	High because of genetics and because of the ability to tan. May also have red gene.		19	53	
May have an Impaired lymphatic system	48	48		↑	21			18	47	Minimal
	45	45			20			17	43	
	42	42			19			16	41	
	40	40	May have Cellular debris or Hyperkeratinisation		18			15	40	
Caused by	38	38	Caused by		17			14	38	
Metabolism	36	36	EFAD		16			13	35	
or	32	32	or	Type 2	15	Moderately Low risk for pigmentation but possible high risk for skin cancer		12	30	No erythema
Age	30	30		↓	14		Pigment with low reading indicates lesser melanin build up	11	27	
or	28	28			13			10	25	
Lifestyle	26	25			12			9	23	
May have impaired enzyme activity	22	22	EFAD		11			8	20	
Caused by	20	20	Caused by	Type 1	10	Low risk for pigmentation but high risk for skin cancer		7	19	
Lack of free water	18	15	Cellular age	↓	9			6	10	
or	15	12	Or		8			5	5	
Low humidity	12	10	Poor nutrition		7			4	4	
or	10	5	Or		6			3	3	
Fast TEWL	10	3	Poor absorption of Omegas		5			2	2	
or										